

BREATHE, FEEL, HEAL: AN IMMERSIVE RELEASE JOURNEY TULUM, MEXICO

This immersive emotional release journey has been crafted for those seeking deep healing, alignment with purpose, and a connection to the spiritual essence of this magical land.

TRAVEL DATES

Available from November to April

Trip departures to suit seasonal weather conditions.

Our journey is intentionally designed to align with Tulum's most energetically potent seasons—when nature is at its most vibrant, and the environment invites deep connection and renewal.

INCLUSIONS

- **Personalized Journey Assessment:** A tailored analysis designed to align your experience with your unique aspirations for transformation and growth.
- **Expert Guide Match:** Pairing with a skilled guide who embodies KTOPIA's values and is dedicated to facilitating your personal journey.
- **Culinary Exploration:** Enjoy all meals and beverages, featuring locally sourced ingredients and wellness-focused cuisine to nourish your body and soul.
- **Local Experiences:** Seamless transportation and curated experiences that immerse you in the local culture and natural beauty, enhancing your journey of self-discovery.
- **Daily Powerful Clarity Breathwork Sessions**
- **Somatic bodywork, cortisol control practices**
- **Inner child work, clarity breath work**
- **Massage, sound baths, temazcal rituals**
- **Exploration of sacred cenotes, Mayan ruins, and time for reflection.**

INTEGRATION PERIOD

4-6 Weeks of Soulful Integration: Beyond the trip itself, your transformation continues. Through guided post-travel sessions, we help you integrate your newfound insights into daily life, ensuring lasting personal growth.

EXCLUSIONS

Flights: To and from Tulum.

Personal Expenses: Includes travel insurance and any additional activities not specified in the inclusions

OVERVIEW

Starting at: \$8K USD per person*

Duration: 7 -10 Days

Experience Type: Tailored for both solo and group travellers seeking authentic connection and growth.

KTOPIA'S COMMITMENT TO YOUR JOURNEY

At KTOPIA, we believe in the power of travel to transform lives. Our mission is to create meaningful experiences that inspire authenticity and encourage you to embrace your true self. Join us in exploring the world while embarking on a journey within.

* Overview, pricing, and inclusions are preliminary and will be thoughtfully tailored. Your final itinerary will outline specific details and personalized journey deliverables for your transformational experience.