

RECHARGE IN PATAGONIA CHILE/ ARGENTINA

Prepare for a profound transformational journey, assuring you an adventure that nurtures your spirit and promotes personal growth. Surrounded by towering peaks, sacred silence, and the deep stillness of glacier-fed lakes, Patagonia offers the space to reconnect, realign, and remember who you came here to be.

TRAVEL DATES

Start to End: November to March

Trip departures are carefully timed to align with seasonal weather conditions, ensuring optimal experiences that connect you with nature.

INCLUSIONS

- **Expert Guide Match:** A dedicated guide aligned with your personal growth path and energetic needs
- **All Meals & Beverages:** Seasonal, locally sourced wellness cuisine tailored to nourish body and soul
- **Transformative Experiences:** Curated hikes, glacier visits, and mindful nature immersions
- **Daily Practices:** Breathwork, meditation, and intuitive movement in nature to ground and energize
- **Sacred Rituals:** Fire circles, reflection time, and intentional ceremony to mark your inner journey
- **Eco-Luxury Stay:** Private lakeside cabin or lodge accommodation with soul-soothing views
- **Seamless Travel Support:** All in-country transfers, logistics, and support taken care of
- **Wild Cold Immersions:** Guided glacial lake plunges paired with breathwork to awaken resilience and presence
- **Bodywork Sessions:** Restorative massage or somatic therapy to release tension and support emotional integration
- **Conscious Hiking Journeys:** Soul-led hikes designed not just for exploration, but transformation

INTEGRATION PERIOD

4-6 Weeks of Soulful Integration: Engage in post-trip sessions with your designated guide, designed to help you weave transformative insights into your daily life and continue your growth journey.

EXCLUSIONS

Flights: To and from Bariloche, Argentina or Puerto Natales, Chile (depending on itinerary)

Personal Expenses: Includes travel insurance, additional meals or activities outside the inclusions, and personal purchases

OVERVIEW

Starting at: \$12K USD per person*

Duration: 7-21 days

Experience Type: Tailored for both solo and group travellers seeking authentic connection and growth.

KTOPIA'S COMMITMENT TO YOUR JOURNEY

At KTOPIA, we believe in the power of travel to transform lives. Our mission is to create meaningful experiences that inspire authenticity and encourage you to embrace your true self. Join us in exploring the world while embarking on a journey within.

* Overview, pricing, and inclusions are preliminary and will be thoughtfully tailored. Your final itinerary will outline specific details and personalized journey deliverables for your transformational experience.